



# Summer Routine

to keep Mom and kiddos sane!

<https://lisastwoocentsblog.com/>



MOM TIME

*5:00 am - 7:15 am*

Wake up, pray, quiet time, read – get my stuff done

KIDS START WAKING

*7:30 am - 8:30 am*

Quiet play, breakfast & TV

MORNING ROUTINE

*8:30 am - 9:00 am*

Get dressed, brush teeth, tidy room

OUT OF THE HOUSE

*9:15 am - 11:30 am*  
*morning snack around 10 am*

Accomplishing something off our summer schedule

PREP/EAT LUNCH

*12:15 pm - 1:15 pm*

Wash up, make and eat lunch

WORKBOOK ACTIVITY

*1:15 pm - 2:00 pm*

Complete workbook pages

REST/ FREE PLAY

*2:00 pm - 5:00 pm*  
*snack around 3:30 pm*

Kiddos free to do whatever or accomplishing something off our summer schedule

PREP/EAT DINNER

*5:00 pm - 6:30 pm*

Cook and eat dinner – kids can rest or play

FAMILY ACTIVITY

*6:30 pm - 8:00 pm*

Swim, family walk, ice cream, family game

BED TIME ROUTINE

*8:00 pm - 8:45 pm*

Baths, Brush teeth, PJs, watch a show to unwind

GOODNIGHT KIDDOS!

*9:00 - 9:15 pm*

Bedtime give or take a few minutes – can read story

PARENT TIME

*9:15 pm - 10:30 pm*

Tidy up, watch a show, read & goodnight!

