

Mom's Guide to the Five Love Languages of Children



Inspired by The Five Love Languages of Children by Gary Chapman and Ross Campbell

Physical Touch	Encouraging Words	Quality Time	Gifts	Acts of Service
<p>Hints your child gives: Loves to receive hugs and kisses, enjoys being carried and is probably a "cuddler".</p>	<p>Hints your child gives: They love to hear specific praise about a project or they seek you out to show you a new skill they learned.</p>	<p>Hints your child gives: Loves to do things with you: watch a movie, yard work, go out to eat, run errands, play a game.</p>	<p>Hints your child gives: Feels good when someone gives them something. Enjoys a special present or surprise.</p>	<p>Hints your child gives: Likes it when people do nice things for them: helping with chores, school projects, driving places, making meals and snacks.</p>
<p>Enjoys: Physical activity: racing, wrestling, tag, and climbs in your lap for snuggles.</p>	<p>Enjoys: Favorite words include: Terrific! What a hard worker! You solved that problem well. Keep it up!</p>	<p>Enjoys: They try to get your undivided attention by asking you to sit with them or watch them play.</p>	<p>Enjoys: Birthday presents, surprise treats, earning a treat, having their favorite food made for them.</p>	<p>Enjoys: Loves to hear, "I'll help you" or "Let's do it together".</p>
<p>Mom Tips: Hold hands and hug often, family cuddles, tickle, or wrestling fun! Let them sit on your lap, snuggle for reading time, play active games often.</p>	<p>Mom Tips: Write or send a note, compliment, speak positively about them, always say "I love you", praise them aloud around others, come up with a cheer with their name in it!</p>	<p>Mom Tips: Run errands 1:1 and plan dates 1:1. When talking to them make eye contact, talk about their day, pay attention to details, plan special events/trips, eat together as a family, read together, have a solid bedtime routine.</p>	<p>Mom Tips: Keep a small stash of inexpensive gifts, give them a flower or stone you find outside, leave gifts for them when you're out of town, shop with them for a special gift, send them on a gift treasure hunt.</p>	<p>Mom Tips: Practice sports together, work together on a project, check homework, pick them up on time, surprise them by doing a chore for them, teach them how to serve others.</p>
<p>Bottom Line: Show physical affection to emphasize your love.</p>	<p>Bottom Line: Be genuine and specific in your praise.</p>	<p>Bottom Line: Give your child focused attention throughout the day.</p>	<p>Bottom Line: Be thoughtful, small gifts matter.</p>	<p>Bottom Line: Let them know you'll partner with them.</p>

The #1 job of parents is to meet their child's need for love. A child with a full love tank = a healthy, emotionally stable child.