

# What's in my Hospital Bag



## ○ Comfortable Sweatpants



## ○ Nipple Cream and Nursing Pads



## ○ Nursing Bras



## ○ Extra Heavy Overnight Pads

## ○ Purse with Identification cards

## ○ Phone charger

## ○ Makeup

## ○ Toiletries

## ○ Water bottle

## ○ iPad/tablet, Kindle or book

## ○ Camera

## ○ Cotton Underwear

## ○ Nursing Tank/Cami



## ○ Cardigan/zip-up



## ○ Loose t-shirt or long sleeve



## ○ Flip flops

## ○ Slippers or cute socks



## ○ Robe and Pajamas



## ○ Going Home Outfit



pairing with flip flops for a casual look  
♡



or this and some yoga pants