

Ground Turkey Taco Salads



PREP: 5 MIN COOK TIME: 15 MIN

INGREDIENTS

1 lb Ground Turkey

1 packet of Taco Seasoning

2 Avocados - sliced

1 Tomato - cut into wedges

1 pouch of Uncle Ben's Ready Rice (90 second rice - we used Long Grain and Black Bean)

1 bag of Garden Salad

Jar of Salsa

Sour Cream and Mild Cheddar Cheese for topping

Handful of Cilantro

- **Brown the ground turkey in a skillet**
- **Drain liquid from the meat and add the taco seasoning (add about 1/4 cup of water to the pan) - cook 2-3 minutes**
- **Slice avocados and tomatoes - set aside**
- **Cook 90 minute rice following instructions on the pouch**
- **Add garden salad to a bowl and top with the rice, avocado slices, tomatoes, ground turkey, salsa, sour cream and cheese - can crush up tortilla chips for extra crunch**
- **ENJOY!**